

# INVOCATION FOR INCENSE



I call upon the plant spirits, and protectors  
of these leaves, woods, flowers,  
seeds, resins and roots.

I breathe you in as sacred smoke.

I call upon the cleansing essence of air,  
the grounding essence of earth,  
the activating essence of fire, and  
the purifying essence of water.

I breathe you in as sacred smoke.

I call upon the moon, the sun, the stars, and all of the  
heavens and planets. I bring your essence into my body,  
adding it to my own.

Sacred breath, sacred scent, sacred smoke.



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